

# Lend Your Voice!

PARTICIPATE IN OUR



## Mental Health Minute

### You're Invited!

Help reduce stigma and raise awareness for patients and providers by participating in the nccPA Health Foundation's Mental Health Minute. We feature Board Certified PAs and PA students on our website and social media platforms.

**Get started by selecting *two to three* of the following questions:**

- Why is mental and behavioral health important to you?
- Why is the PA role in mental and behavioral health important?
- How are PAs equipped to practice in psychiatry? What additional skills do PAs bring to psychiatry?
- What changes have you seen to the PA role in mental and behavioral health over the last 10 years?
- What needs and opportunities do you see for PAs in mental and behavioral health on the horizon?
- What do you want PA students to know about practice in psychiatry?
- What does "every PA is a psych PA" mean to you?

Check out Mental Health Minutes on our website: [nccPAHealthFoundation.net](https://nccPAHealthFoundation.net)

### Ready to Participate?

Email us at [ContactUs@nccPAHealthFoundation.net](mailto:ContactUs@nccPAHealthFoundation.net) to share your interest, and we'll provide next steps for scheduling a 30-minute online recording session.

There are no wrong answers, and we encourage everyone with a passion for mental health to share their perspective!

